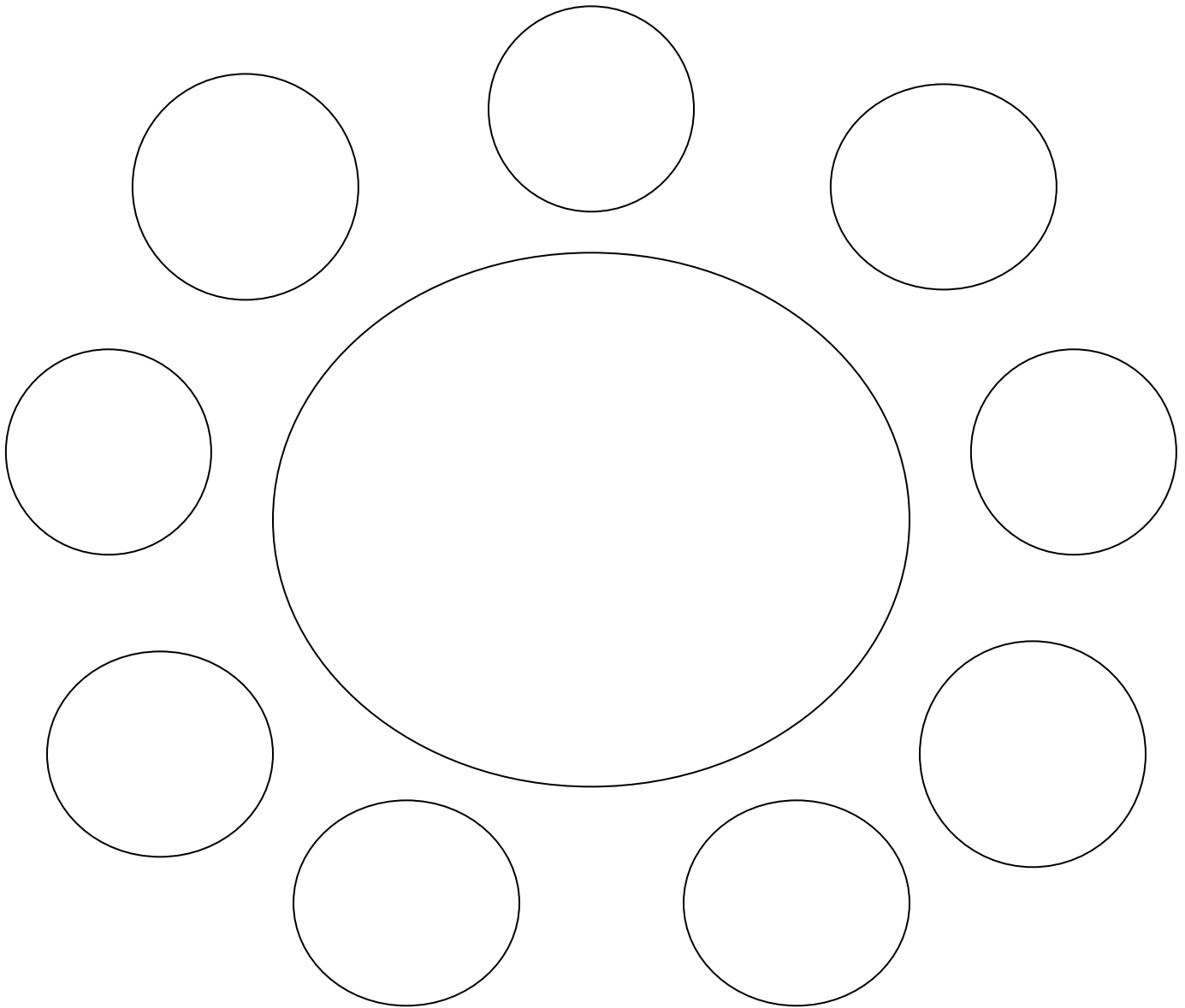


Name: _____

Eco Map



Key:

Indicate nature of connection with a descriptive word or by drawing a different kind line:

- _____ strong
- tenuous
- +++++++ stressful

Arrows to signify major flows of energy or resources: → → →

Social supports:

(family, friends, religious organizations, support groups, neighbors, pets, etc.)

Community resources

(housing assistance, daycare support, financial assistance, health/dental/ mental health care, education, substance abuse services, legal assistance, transportation, employment, nutrition, etc.)

Stressors

(legal difficulties, family dynamics, financial problems, health issues, housing instability, daycare access, transportation, domestic issues, employment obstacles, substance use, pregnancy, parenting, discrimination, etc.)