|  |  |  |
| --- | --- | --- |
| Name | Signature  | Date |
| Patient:  |  |  |
| Clinician: Melinda Bell, NCPPS, SCPSS, CADCI |  |  |
| Parent/Legal Guardian: |  |  |

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| --- |
| Warning Signs (drinking/drug use, yelling, throwing things, angry) |
|  |  |
|  |  |
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| What can I do to stay safe? (spend night with a friend, ask friend or family member to spend the night) |
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| Action Plan… (what to do if you still feel unsafe, if violence occurs) |
| 1. Call 911
 | 1. Flee the scene
 |
|  | 1.
 |
|  | 1.
 |
| 1.
 |  |

|  |
| --- |
| Emergency Contacts |
| Name | Contact |
| 1. Closest Family Member
 |  |
| 1. Closest friend
 |  |

**The Salvation Army Center of Hope (704) 348-2560**

**Domestic Violence Helpline (980) 771-4673**

**If you, or someone you know is in immediate danger, please call 911.**