

Why Do We Hide?



Unashamed:

Acting openly without fear, guilt or embarrassment.

Ashamed:

Embarrassed, guilty or afraid about ones actions or characteristics.

Adam and Eve

¹⁸The LORD God said, "It is not good for the man to be alone. I will make a helper suitable for him." ²²Then the LORD God made a woman from the rib^[b] he had taken out of the man, and he brought her to the man. ²⁵Adam and his wife were both naked, and they felt no shame.

The Fall

⁷Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves.

⁸Then the man and his wife heard the sound of the LORD God as he was walking in the garden in the cool of the day, and they hid from the LORD God among the trees of the garden. ⁹But the LORD God called to the man, "Where are you?"

¹⁰He answered, "I heard you in the garden, and I was afraid because I was naked; so I hid."